

# BABYSITTER'S FIRST DAY CHECKLIST

## Contact details

- Provide a list of contacts. i.e. parents' phone number and other contacts in case the parents are not available:

.....



## In case of emergency

- Doctor's number: .....
- Police/fire fighters/ambulance: .....
- Where is the first aid kit kept? .....



## Information about the child

- Does the child have any allergies? .....
- Does the child need any medicine? .....
- What time does the child go to bed? .....



## Babysitting rules

- Is the child allowed to watch TV or use the phone/tablet? If yes, for how long and what is okay? .....
- What are the basic expectations for the babysitter? .....

.....



## Additional remarks

.....

.....

.....

